

**Trinity County Behavioral Health**  
**MHSA Community Services and Support Plan**  
**Contract Amendment Request – FY 2008-2009**  
**June 24, 2008**

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Trinity County Behavioral Health would like to access CSS Funds for FY 2008/2009. Please consider this document as an update to our existing Three-Year Program and Expenditure Plan which will also function as a request to modify our existing MHSA Agreement.

In the DMH Information Notice 08-10, Exhibit 7, the listed Planning Estimates for Trinity County indicate \$455,600. was allocated for Community Services and Support fiscal year 2007/2008, with an additional \$150,000. for fiscal year 2008/2009. Trinity County Behavioral Health (TCBH) is being allocated a total of \$605,600. for general system development, outreach and engagement activities, and the implementation of two (2) Full Service Partnership (FSP) Programs.

TCBH is requesting that the FY 2008/2009 MHSA Performance Contract be amended to include the maximum allocation of \$605,600. All of this resource will be used to expand the two existing FSP Programs and to expand the two outreach and engagement programs for Children and Youth and Older Adults that have already been approved for implementation

The \$455,600. that was previously allocated for Community Services and Supports for Fiscal Year 2007/2008, will be spent exactly the same in FY 2008/2009 as is demonstrated in the budget exhibits. The current modified contract on file at State Department of Mental Health has a full description of these programs. The recently submitted Implementation Plan for Calendar Year 2007 has full detail of the profile of the FSP Slots and the cultural and ethnic make up of staff and clients. The new Augmentation for FY 2008/2009 of \$150,000. will follow the Ca. Code of Regulations, Title 9, Division 1, Chapter 14 Section 3620 ( c ) requirement that the majority of this funding be used for FSPs. As such, it is our intention to add 2 TAY into Work Plan I and 2 Adult FSPs into Work Plan II to our current existing pool of 8 FSP Slots. This will bring our new total to 12 FSPs with 6 in TAY (Work Plan I) and 6 in Adult FSP Slots (Work Plan II). The cost per slot in FY 2007/2008 was \$28,475. Using this formula, of the new \$150,000. for FY 2008/2009, at least \$113,904 will be used directly for FSPs with some additional Outreach and Engagement funds being used to support these slots. All criteria for Work Plan I and II as outlined in our current contract with State DMH will continue to apply for the new slots.

We intend to support our FSP Slots with a line item of \$9,000. to do some minor remodeling and upgrading of a six bed home TCBH intends to purchase as a

housing resource for FSPs who might otherwise be living out of county due to lack of appropriate supportive housing stock and opportunities in the county. Our plan is to use a combination of Housing and Capital Facility Funds to purchase this home for the express purpose of creating FSP transitional and permanent beds. The proposed facility is currently operating as a Board and Care and has space for five single occupancy rooms joined to a large living, dining and kitchen space. There is also space for an apartment with a separate entry and parking downstairs. We want to spend this money to create such an apartment, owned by the County, for one or two persons, at least one of whom is a(n) FSP and looking for Permanent Supportive Housing.

A second strategy to support our FSP partners is to move to phase two with our drop-in center, Milestones. We will purchase some additional furniture and supplies here in Weaverville for the center, and we will open a second center that has been projected for Hayfork. This will represent a line item of \$8,000. The centers are going to become increasingly important as our WET Plan is approved and we begin job club and other consumer supported and contracted activities.

We are going to dedicate \$3,000. of new CSS Money to underwrite transportation efforts to assist consumers to frequent the Drop in Centers. So often our clients do not have the means to attend activities because transportation was not identified as a need in previous plans. We will provide a combination of gas vouchers, bus tickets, and transport of consumers up in the county vehicles.

In the arena of Cultural Competency, in order to do outreach to the Native American Community in Trinity County, it is our intent to offer \$9,000. to the one Native American Agency in Weaverville to contract with them to do a needs assessment of the emotional and mental health needs of the Native Community. Our intention is to have an understanding of what the specific needs of this ethnic group are so that we may be able to underwrite and support goals of the local Native Americans by the time of the 2009/2010 Integrated Plan. While there is no officially recognized tribe in Trinity County, we understand that it is our role to approach these important community members, rather than wait for them to come to us. Trinity County is made up of approximately 6% Native Americans. No funds have previously been allocated for this effort.

A second step to improving our cultural competence is that we would like to invest in a training module owned by SAGE Publications, which includes a Ca. Brief Multicultural Competence Scale. It is our belief that if our staff is trained with some specific tools, our awareness of pertinent issues will increase. This is a line item of \$4,000. We expect this effort will generate a new level of cultural competency for the county since we plan to offer access to this curriculum to our partners in such agencies as law enforcement, adult and child protective services and schools. We anticipate that the skills gained through this curriculum will also assist us as we progress through the new Cultural Competence Plan due in 2009.

A final outreach and engagement arena that we want to fund for the 2008/2009 fiscal year is to support our consumer population to attend important conferences and trainings like the ones sponsored by the California Network of Mental Health Clients. It is our intention to offer to the Mental Health Advisory Board a resource of \$3,100. to be able to accept requests from consumers, or from Board Members who want to attend conferences that will support consumer empowerment. We will always attempt to take advantage of scholarships when available, but it will be increasingly critical have financial resources to underwrite motivated persons in their efforts to learn more from the client movement.

The Community Program Planning Process Requirements as outlined in Section 3300 of the CCR were met in several ways. In April, May and June of 2008 there have been Public Hearings scheduled at the monthly meeting of the Mental Health Advisory Board. Although there is always a specific document under consideration, there is also time for the Board and the public to comment upon the apparent needs of the consumer community and the program shortfalls that should be addressed. In April we considered the WET Plan. In May we discussed the CSS Growth Funds for 2007/2008, the Prudent Reserve Request from unapproved 2006/2007 CSS Funds, and the Computer Request from the 2005/2006 CSS Unspent Funds. In June we discussed the 2007 Calendar Year Implementation Plan report. Again, there is always an opportunity for general discussion about how to address current identified unmet needs.

The 30 day review process as required by Section 3315 (a) of the CCR was met by publicly noticing the community that a hearing would occur at the regularly scheduled meeting of the MH Advisory Board on July 23, 2008. An article was published in the local weekly Weaverville Newspaper, sharing the fact that there is \$150,000. in new revenue to be spent in a manner appropriate to established guidelines. A notice was also posted on the Trinity County Website, as well as in the Drop in Center and posted at the clinics in both Hayfork and Weaverville.

Efforts to address disparities through our outreach and engagement activities are discussed in our 2007 Calendar Report submitted to the State on 6/26/08 and in our initial Community Services and Supports Plan. Trinity County Behavioral Health has two Program Improvement Projects linked to outreach which are continuing. These as the Incredible Years parenting groups offered to parents of children 2-7 and visits to the two Senior Centers by our nurse and a case manager for brief presentations focused on issues of concern to the senior population. We are also continuing our traditional outreach through community presentations whenever asked.

Exhibit 1

Community Services and Supports  
FY 2008/09 Plan Update

**COUNTY CERTIFICATION**

**I hereby certify that I am the official responsible for the administration of Community Mental Health Services in and for Trinity County and that the following are true and correct:**

This Community Services and Supports Plan Update is consistent with the Mental Health Services Act. This Plan Update is consistent with and supportive of the standards set forth in Title 9, California Code of Regulations (CCR) Section 3610 through 3650.

This Plan Update has been developed with the participation of stakeholders, in accordance with CCR Sections 3300, 3310, and 3315. The draft Plan Update was circulated for 30 days to stakeholders for review and comment. All input has been considered, with adjustments made, as appropriate.

Mental Health Services Act funds are and will be used in compliance with CCR Section 3410 of Title 9, Non-Supplant.

All documents in the attached Community Services and Supports Plan Update are true and correct.

**Date:** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Local Mental Health Director**

**Nancy Antoon LCSW**

**Executed at: Weaverville, Ca.**