Trinity County Behavioral Health Annual Quality Management/Quality Improvement Work Plan FY 2019-20

A. Service Delivery Capacity

Overall Goal/Objective	Planned Steps and	Lead	Auditing	Due Date/	Outcome Data / Trends	Possible Improvements and
	Activities to Reach	Person	Tool	Completion		Results
	Goal/Objective			Date		
Obtain bi-monthly reports to	Generate reports for	DDQA	Reports and	Due:	8/2019 Report:. Leadership	
measure and ensure 100% of	Evaluation by QA Dept.	or	Dashboards	06/30/20	noticed the high amount of	
all Zip Codes in Trinity	and/or Leadership be	Designee	utilizing data		Individual Therapy, Rehab, and	
County have Medi-Cal access	presented to QIC on a bi-		on Anasazi	Completed:	Med. Mgmt. services results in	
to TCBHS	monthly basis.		and monthly		a lower crisis services.	
			Penetration			
 Location of clients 			Reports.		10/2019 Report:	
receiving services					12/2019 Report:	
by zip code, age,					12/2013 Report.	
and gender.					2/2020 Report:	
2. Types of services						
clients are receiving					4/2020 Report:	
by zip code, age,						
and gender					6/2020 Report:	

B. Beneficiary/Family Satisfaction

Overall Goal/Objective	Planned Steps and	Lead	Auditing	Due Date/	Outcome Data / Trends	Possible Improvements and
	Activities to Reach	Person	Tool	Completion		Results
	Goal/Objective			Date		
1. Develop new techniques	1. Distribute survey at	DDQA or	1-2. Survey	1-2. Due	Date Survey Conducted:	
to increase response	both outpatient sites	Designee	Monkey to			
rate to Client	2. Utilize new computers		key results	Completed:	Date Results shared with:	
Satisfaction Survey to	and/or paper version		-		Stakeholders:	
50% of clients, for a	with peer support to		3. Meeting	3. Due	Clients: at individual appts.	
semi-annual distribution	administer the survey		minutes,		Staff:	
	3. Results will be shared		postings, etc.	Completed:	QIC:	
	with stakeholders,					
	clients, staff, etc.					
2. Obtain an 80% score on	Have internal and	DDQA or	Survey	Due:	Date Survey Conducted:	
the annual Provider	external providers	Designee	Monkey			
Satisfaction Survey.	complete the provider		(Provider	completed:	Date Results shared with:	
	satisfaction surveys		satisfaction		Staff:	
	,				QIC:	

Monitor and measure trends.	annually and compile and share results with Staff and QIC.		survey forms)			
3. Obtain a 30% Client response rate to the post-discharge client quarterly telephone survey.	1. Have former clients: a) Complete surveys b) Answer Post Discharge Telephone Survey 2. Generate quarterly Discharge Reports for evaluation 3. Compile and communicate results	DDQA or Designee	Front Desk conduct Survey via telephone calls.	Due: 06/30/20 Completed:	Discharge Data Reports and Phone Surveys conducted quarterly: Leadership evaluated Discharge Data for FY 18-19 and detected a trend of 25% of all discharges show clients stopped coming without explanation. 1st Qtr. July-Sept., 2019: 2nd Qtr. OctDec., 2019: 3rd Qtr. JanMar., 2020: . 4th Qtr. Apr. – June, 2020:	A - Leadership will add a brief survey question section to the 30-day letter, asking why the client is no longer coming to TCBHS. A stamped return envelope will be included – to see if more information can be obtained. B – TCBHS Clinical Staff will receive refresher training for Discharge reasons to ensure uniformity. C- Med Records removed Crisis open/close Discharges out of data, resulting in a 28% of all discharges show clients stopped coming without explanation. RESULTS:
4. Ensure 100% Response to all Grievances. Review and monitor, together with Change of Provider requests. Ensure grievances, appeals and fair hearings, are input in Log within one working day. Standard Investigations to be completed, and beneficiaries notified of resolutions, within 30 calendar days. Appeals and Fair Hearings logged and processed in accordance with Final Rule time frames.	1. Maintain a Monitoring Log 2. Report to State annually and Review report with QIC bimonthly.	DDQA or Designee	Grievance forms, appeal forms, change of provider requests, Monitoring Log /reports with trends.	Due: 10-1- 21 to State Completed: 8-1-21	8/2019 Report: 10/2019 Report: 12/2019 Report: 2/2020 Report 4/2020 Report: 6/2020 Report:	

C. <u>Service Delivery System/Clinical Issues</u>

Ove	rall Goal/Objective	Planned Steps and	Lead	Auditing Tool	Due Date/	Outcome Data / Trends	Possible Improvements and
OVE	rail doal/ Objective	Activities to Reach	Person	Additing 1001	Completion	Outcome Data / Trends	Results
		Goal/Objective	FEISOII		Date		Results
1.	Annual Clinical	Update annual clinical	DDQA	1. Training	Due:		
	Documentation training	documentation training	or	handouts	6/30/20		
	for all MHP provider	and provide to all MHP	designe	2. Staff sign-in	, ,		
	staff	staff	e AND	sheets	Completed:		
			Triage/	3. QA/ QIC			
			UR	Minutes			
			Manage				
			r in				
			consult				
			ation				
			with				
			Clinical				
			Director				
2.	100% of Hospital charts	1. Charts will be reviewed	Clinical	1. TARS,	Due: bi-	8/2019 Report:	
	will be reviewed to	concurrently within 1	Director	Concurrent	monthly	10/2010 Bornorts	
	determine	Business Day of	,	Reviews,		10/2019 Report:	
	appropriateness of	admission.	Medical	Hospitali-		12/2019 Report:	
	admission, length of		Director	zation Rpt,			
	stay, and	2. Leadership will analyze		including		2/2020 Report:	
	recommendations, to	for Cost/Benefit Savings		Re-		_	
	ensure the validity of hospitalizations.	use of Cedar Home to determine any decrease		Hospitali- zations,		4/2020 Report:	
	nospitalizations.	in Hospitalizations.		and Post		6/2020 Report:	
a.	Monitor to ensure Re-	iii riospitalizations.		Discharge		6/2020 Report.	
u.	Hospitalization Rate of			Follow-Up			
	all hospitalizations are			rates.			
	within 30 days.			2. Cedar			
				Home			
b.	Increase rate of Post			Report to			
	Discharge Follow-Up to			QIC.			
L	80% within 7 days						
3.	20% of Clinical Charts to		Triage/	Client review	Ongoing	8/2019 Report:	
	be reviewed annually.	Medical Records to assign	UR	chart tool	activity		
	Evaluate services and	charts to be reviewed, then	Manage		Due:	10/2019 Report:	
	documentation. Error	monitored by UR Team at	r or		6/30/20		

rates will meet state	monthly meetings, and	designe	Chart Review		12/2019 Report:	
expectations of 3%	logged in UR Binder.	e,	tracking Log.	Completed:		
		Clinical			S/2020 Report:	
		Supervi				
		sors,			4/2020 Report:	
		staff				
					6/2020 Report:	

D. Monitor Safety and Effectiveness of Medication Practices

Ove	rall Goal/Objective	Planned Steps and	Lead	Auditing Tool	Due Date/	Outcome Data / Trends	Possible Improvements and
	,,	Activities to Reach	Person	, and an	Completion		Results
		Goal/Objective			Date		nesuns
1.	Promote safe medication prescribing	Monthly medication monitoring of clients	Medical director	1-2. Bi- monthly	Ongoing activity	8/2019 Report:	
	practices	receiving medication services by the staff	Nurses	report to QIC committee	Due:	10/2019 Report:	
2.	100% Evaluation of all Charts for effectiveness	nurses 2. Review prescribing		3. Nurses will	6/30/20	12/2019 Report:	
	of prescribing practices	practices and provide feedback to		evaluate MD prescription	Completed:	2/2020 Report:	
		Medication Mgmt. Committee.		practices according to		4/2020 Report:	
		 3. Use of practice guidelines approved by the Medication Mgmt. Committee will be found in 95% of charts reviewed by nurses. 4. Random charts and charts requested for review monthly. Not less than 2 charts will be reviewed weekly 		guidelines approved by the Medication Monitoring Committee and established practices.		6/2020 Report:	
		5. Results will be discussed at the bi-monthly QIC meeting		Minutes			

E. Continuity and Coordination of Care with Physical Health Providers

Overall Goal/Objective	Planned Steps and Activities to Reach	Lead Person	Auditing Tool	Due Date/ Completion	Outcome Data / Trends	Possible Improvements and Results
	Goal/Objective			Date		
 Coordination of physical health care services for clients Generate or Renew 	Meet monthly with local collaboration to improve needs of community Attend state meetings	Agency Dir. Clinical Dir. Medical	QIC Minutes	Due: 6/30/20 Completed:		
Emergency Room MOU with Mountain Communities Health Care District (MCHCD).	to stay informed and bring updates to local level 3. Work to improve the communication	Dir.				
b. Client Vitals uniformly measured and provided, upon Psychiatrist request, prior to all psychiatry and telepsychiatry appointments.	between the psychiatrist and primary care physician regarding clients who need close monitoring of medical condition and medications					

F. Meaningful Clinical Issues/ Other System Issues

Overall Goal/Objective	Planned Steps and Activities to Reach Goal/Objective	Lead Person		Due Date/ Completion Date	Outcome Data / Trends	Possible Improvements and Results
Scan charts into EHR, continue the process of converting to paperless	Scanning documents into the electronic health record	DDQA or Designee	Monitoring/ Tracking for scanned docs and Anasazi document mgmt. program	Due: 6/30/20 Completed:	8/2019 Report: 10/2019 Report: 12/2019 Report: 2/2020 Report: 4/2020 Report: 6/2020 Report:	
					oj 2020 Neport.	

G. Performance Improvement Projects (work in progress, will change)

Overall Goal/Objective	Planned Steps and Activities to Reach Goal/Objective	Lead Person	Auditing Tool	Due Date/ Completion Date	Outcome Data / Trends	Possible Improvements and Results
1. Continue Clinical Performance Improvement Project (PIP) to decrease or better manage Anxiety symptoms of client population, ensure accurate data collection and analysis for improvement of clients' mental health.	1.Determine a needed improvement and find proof of need. 2.Use interventions to attempt improvement in area of needed change. 3.Use measurement tools to analyze effects of intervention. 4.Report to QIC and EQRO	PIP commi ttee	 PIP Meeting minutes Quarterly Adult Needs and Strengths Assessme nt (ANSA) Reports EQRO Roadmap 	Due: 4/1/2020 – QIC report Completed:	8/2019 Report: 10/2018 Report: 12/2019 Report: 2/2020 Report: 4/2020 Report: 6/2020 Report:	
2. Complete Non-Clinical Performance Improvement Project (PIP) which will improve Timeliness in Access to the Agency.	1.Determine a needed improvement and find proof of need. 2.Use interventions to attempt improvement in area of needed change. 3.Use measurement tools to analyze effects of intervention. 4.Report to QIC and EQRO	PIP commit tee	 PIP Meeting minutes Monthly Access to Services Assessme nt (ASA) Reports EQRO Roadmap 	Due: 4/1/2020 Completed:	8/2019 Report: 10/2019 Report: 12/2019 Report: 2/2020 Report: 4/2020 Report: 6/2020 Report:	

H. Accessibility of Services

Overall Goal/Objective	Planned Steps and Activities to Reach Goal/Objective	Lead Person	Auditing Tool	Due Date/ Completion	Outcome Data / Trends	Possible Improvements and Results
, ,				Date		
1. Conduct 2 Test Calls per month for 100% responsiveness of the 24/7	Test 800 and local number during and/or after regular business hours for 24/7 responsiveness in English or other languages.	DDQA or designee	Test Call form and overnight log of calls from contractor	Due: bi- monthly and 6/30/209 Completed:	8/2019 Report: 2 Test Calls in July, 1 for Access, and 1 for Crisis = both PASSED. 10/2019 Report:	

access to services telephone line (toll free and local lines). 2. 100% success rate of length of time from initial request/referral to first appointment. Adult Services— 10 days Youth Services—10 days	Monitor average length of time from first request for service to first clinical assessment. Report to QIC Bi-Monthly	DDQA, Clinical Director, or designee, and QIC	Anasazi data Crisis / Access Log	Due: 6/30/20 Completed:	12/2019 Report: 2/2020 Report: 4/2020 Report: 6/2020 Report: Percentage of requests that were offered scheduled Assessment Appts. within policy time frames. 8/2019 Report: 10/2019 Report: 12/2019 Report: 2/2020 Report: 4/2020 Report:	
3. 100% response to client access of after-hours care. Track response time, by on call crisis worker to hospital (within one hour), once the medical clearance of consumer has been announced. Overall	Maintain and monitor Crisis treatment availability outside of regular business hours. Planned Steps and Activities	Triage / UR Manager and Clinical director	Crisis Nightline Service data Anasazi data After-hours electronic log	Due bi- monthly reporting and 6/30/20	8/2019 Report 10/2019 Report: 12/2019 Report: 2/2020 Report: 4/2020 Report: 6/2020 Report:	Possible Improvements and
Goal/Objective	to Reach Goal/Objective	Person	Additing 1001	Completion Date	Outcome Data / Trends	Results

4.	rate for length of time from initial request/referral to first psychiatry appointment Adult/Older Adult—15 Business days	Monitor average length of time from first request for psychiatric appointment/assessment and report bi-monthly to QIC.	DDQA or designee, Medical Director	Anasazi data	Due: 6/30/20 Completed:	8/2019 Report: 10/2019 Report: 12/2019 Report: 2/2020 Report: 4/2020 Report: 6/2020 Report:	
	Child/Youth—15 Business days						
5.	Respond to 100% of requests for appointments for urgent conditions within 1 hour	Monitor and look for trends of average length of time for response to an urgent condition- Report Bi- monthly to QIC	DDQA or designee	Anasazi data Crisis / Access Log	Due: 6/30/20 Completed:	8/2019 Report: 10/2019 Report: 12/2019 Report: 2/2020 Report: 4/2020 Report: 6/2020 Report:	
6.	100% of Offered follow-up services after hospitalization provided with 7 days.	Track average length of time for an offered follow-up appt. to clients returning to Trinity County, after hospital discharge.	DDQA or designee	Anasazi data	Due: 6/30/20 Completed:	1. Total number of hospital admissions: July: Aug: Sept.: Oct.: Nov: Decthru May: June: 2. Total number of follow-up contacts: July: Aug: Sept: Oct: Nov: Dec May:	

					luno:	
					June:	
7. Monitor hospitalizations per month.		DDQA or designee, Triage Manager	Anasazi data Hospitalization monitoring Log	Due: 6/30/20 Completed:	1. Total number of hospital admissions: July - Aug Sept Oct Nov - Dec Jan Feb Mar - Apr - May - June - Total number with readmission within 30 days:	
8. Ensure less than 30% NO Shows/ Cancellations rate	Tract percentage of appointments that met standards (set during FY 15-16).	DDQA or designee	Anasazi data	Due: 6/30/20 Completed:	1. Average no shows/Canc for clinicians/non-psychiatrists: 1st Qtr.: Weaverville - Hayfork - 2nd Qtr.: Weaverville - Hayfork - 3rd Qtr.: Weaverville - Hayfork - 4th Qtr.: Weaverville - Hayfork - 2. Average no-shows for psychiatrists: 1st Qtr.: Weaverville - Hayfork - 2nd Qtr.:	

					Weaverville – Hayfork – 3 rd Qtr.: - Weaverville – Hayfork – 4 th Qtr. – Weaverville - Hayfork -
9. Respond to 100% of calls from the jail within 1 Business Day.	Track percentage of crisis calls that met standards	Triage Manager, or designee	Jail Log - Data submitted by crisis staff	Due: 6/30/20 Completed:	8/2019 Report: 10/2019 Report: 12/2019 Report: 2/2020 Report: 4/2020 Report: 6/2020 Report:

I. Compliance with Requirement for Cultural Competence and Linguistic Competence

Ove	rall Goal/Objective	Planned Steps and	Lead Person	Auditing Tool	Due Date/	Outcome Data / Trends	Possible Improvements and
		Activities to Reach Goal/Objective			Completion Date		Results
1.	Begin penetration of isolated Elderly population.	1. Implement suggestions/ recommendations of Golden Age Center / Roderick Center in Hayfork.	Cultural Competency Committee, Itinerant Case Manager / Peer Specialist	 Anasazi reports EQRO Reports on penetration rates 	Due: 6/30/20 Completed:		
2.	2 bi-annual Client/ Family member sensitivity trainings - 1 Consumer Perspective 1 Organization Presentation	Provide annual trainings for staff regarding client/ family member perspectives and cultures	Cultural Competency Committee	Training sign-in sheets, Client/ family member satisfaction survey, fliers	Due: 6/30/20 Completed:		
3.	Provide 1 Itinerant Case Manager / Peer	Cultural Competency Committee (CCC) will	ccc	1. CCC Meeting minutes.	Due: 6/30/20		

	Specialist, annually,	assess Itinerant Case	Itinerant	2. QIC Meeting			
	to conduct groups	Manager / Peer Specialist	Case	minutes.	Completed:		
	and activities within	activities for improvement,	Manager /	3. Photos,			
	other Agencies an	or outreach direction, and	Peer	videos,			
	outreach attempt.	give recommendations to	Specialist	client			
		Leadership.		satisfaction			
				survey			
				results			
4.	All policies, forms,	CCC Chair will consult with	Cultural	Review of	Due:	Every new, revised, or	
	and procedures, to	Latino, Native American and	Competency	forms by	6/30/20	updated Policy is reviewed for	
	be sensitive to race,	LGBTQ to examine	Committee	consultants		Gender, sexual identity, and	
	culture, gender, and	policies/procedures/forms,			Completed:	cultural/race issues for	
	sexual identity.	building sites, etc.				neutrality on an ongoing	
						basis.	