THE IN-HOME SUPPORTIVE SERVICES PROGRAM

There are aged, blind or disabled persons who are limited in their ability to care for themselves and cannot live safely at home without help. This includes those who would be able, with help, to return to their home from a hospital, nursing home or a board and care home. This help may be provided to eligible persons through the In-Home Supportive Services Program (IHSS).

This pamphlet describes the IHSS Program. It tells who is eligible and how to apply. If you need additional information, contact your county welfare department or social services agency.
WHO IS ELIGIBLE?

To be eligible for the program a person must meet all of the following requirements:

1. Must be disabled, or age 65 or older or blind.
2. Unable to live safely at home without help.
3. Financial inability to purchase needed services.

WHAT IS A NEEDS ASSESSMENT?

The service worker makes an assessment of what your needs are based on your medical condition, your living arrangement, and what assistance you may be getting from your family, friends or available community services. The needs assessment will determine which services are needed and how often they are to be provided. Your Doctor may be consulted to verify your medical condition.

WHAT SERVICES ARE AVAILABLE?

In-Home Supportive Services provides a wide range of services to meet individual need and assure you can live safely at home. These services may include house cleaning, shopping, cooking, laundry and personal care.

HOW TO APPLY?

To apply for In-Home Supportive Services call the county welfare or social services agency in your area. A service worker will come to your home to discuss what help you may need and determine what costs, if any, you may need to pay for the services. The service worker usually conducts a "needs assessment" on the initial home visit.

COMMUNITY RESOURCES

Listed below are the names and addresses of other services which may be used in addition to or as an alternative to IHSS.

Human Response Network
Elder Support Services
(530) 623-2024

Veteran's Administration
Aid & Attendance and Housebound
(530) 623-3975

Home and Community-Based Services
Northern Regional Office - Sacramento
(916) 552-9105

Senior Helpers - Redding
(530) 223-5939

Trinity Home Health
(530) 623-6700
(Ask your doctor for a referral)