



TRINITY COUNTY HEALTH AND HUMAN SERVICES

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PRESS RELEASE

FOR IMMEDIATE RELEASE

Date: 11/19/2020

Contact: Marcie Cudziol RN, PHN, MPA, PHB Director

Trinity County Coronavirus (COVID-19) Health Advisory

TRINITY COUNTY – November 19, 2020 – In light of an unprecedented, rapid rise in COVID-19 cases across California, Governor Gavin Newsom and the California Department of Public Health (CDPH) today announced a limited Stay at Home Order requiring generally that non-essential work, movement and gatherings stop between 10 PM and 5 AM in counties in the purple tier. The order will take effect at 10 PM Saturday, November 21 and remain in effect until 5 AM December 21.

This Limited Stay at Home Order will reduce opportunities for disease transmission with the goal of decreasing the number of hours individuals are in the community and mixing with individuals outside of their household. In particular, non-essential activities conducted during 10:00pm to 5:00am are more likely related to social activities and gatherings that have a higher likelihood of leading to reduced inhibition and reduced adherence to preventative measures such as wearing face coverings and social distancing. The complete State Health Officer Order can be viewed at <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/limited-stay-at-home-order.aspx>.

What we have learned to date:

- Masks not only protect those around you, but the evidence is clear that they protect you too.
- Moving things outdoors significantly reduces the risk of exposure and transmission.
- Even those who do not have symptoms and appear healthy are spreading the virus.



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Trinity County Public Health Branch (TCPHB) also wants to alert the public regarding potential exposure related to two (2) separate Pool League events in The Diggins Bar in Weaverville and Rock Slide Bar & Grill in Burnt Ranch. If you or anyone you know was in The Diggins Bar in Weaverville on November 1, 2020 after 12:00pm and the Rock Slide Bar & Grill on November 8, 2020 between the hours of 1:00pm and 4:00pm you may have been exposed to COVID-19. We ask the public to monitor for symptoms consistent with COVID-19, consider getting tested, and reach out to your healthcare provider if you develop symptoms.

We ask that all individuals that have been exposed to please self-quarantine and get tested. TCPHB wants to remind all residents that self-quarantine and self-isolation are essential in helping us to control outbreaks and community spread. This proactive step can assist in preventing further spread until the TCPHB Surveillance and Control Team (SCT) can provide official quarantine and isolation orders. Self-quarantine and self-isolation resources are available at:

https://www.trinitycounty.org/sites/default/files/Public_Health/Documents/Covid/self-quarantine-instructions.pdf

https://www.trinitycounty.org/sites/default/files/Public_Health/Documents/Covid/self-isolation-instructions.pdf

With the Thanksgiving Holiday rapidly approaching here's what you can do to make a difference and to ensure that we can keep our schools open, our economy operating, and our health care system functioning fully:

- Wear a mask
- Keep your distance – spread out
- Keep windows open and outside air circulating
- Keep things short
- Keep it small – no more than three (3) households, including your own
- Gatherings should not occur between 10:00pm and 5:00am
- Protect older and at-risk friends and family

Trinity County remains in the purple tier. All sectors in Trinity County, by close of business on Tuesday November 17, 2020, were to have implemented the modifications and restrictions as provided under the purple tier and found at <https://covid19.ca.gov/safer-economy/>.

For our latest COVID-19 case numbers and other data refer to the Dashboard at www.trinitycounty.org



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Updated Guidance for the Use of Face Coverings

The updated CDPH guidance mandates that a face covering is required at all times when outside of the home with some exceptions

Individuals are exempt from wearing face coverings in the following specific settings:

- Persons in a car alone or solely with members of their own household.
- Persons who are working in an office or in a room alone.
- Persons who are actively eating or drinking provided that they are able to maintain a distance of at least six feet (6) away from persons who are not members of the same household or residence.
- Persons who are outdoors and maintaining at least 6 feet of social distancing from others not in their household. Such persons must have a face covering with them at all times and must put it on if they are within 6 feet of others who are not in their household. Persons who are obtaining a service involving the nose or face for which temporary removal of the face covering is necessary to perform the service.
- Workers who are required to wear respiratory protection.
- Persons who are specifically exempted from wearing face coverings by other CDPH guidance.

The following individuals are exempt from wearing face coverings at all times:

- Persons younger than two years old. These very young children must not wear a face covering because of the risk of suffocation.
- Persons with a medical condition, mental health condition, or disability that prevents wearing a face covering. This includes persons with a medical condition for whom wearing a face covering could obstruct breathing or who are unconscious, incapacitated, or otherwise unable to remove a face covering without assistance. Such conditions are rare.
- Persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication.
- Persons for whom wearing a face covering would create a risk to the person related to their work, as determined by local, state, or federal regulators or workplace safety guidelines.



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Note: Persons exempted from wearing a face covering due to a medical condition who are employed in a job involving regular contact with others must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.

The Guidance for the Use of Face Coverings can be found at
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx>

Members of the public and/or businesses that wish to lodge a complaint regarding businesses and other sectors not complying with the mandates listed above:

Cal/OSHA District Office Region 2 Redding:
Phone (530) 224-4743
<https://www.dir.ca.gov/dosh/DistrictOffices.htm>

Alcoholic Beverage Control Northern District Redding:
1900 Churn Creek Rd., Suite 215
Redding CA, 96002
Phone: (530) 224-4830
Email: Redding@abc.ca.gov
<https://www.abc.ca.gov/contact/district-offices/>

For local information and statistics or to find additional resources visit www.trinitycounty.org.