



TRINITY COUNTY HEALTH AND HUMAN SERVICES

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#51 INDUSTRIAL PARK WAY
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Public Guidance

FOR IMMEDIATE RELEASE

Date: 3/24/2020

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Trinity County- Following the Executive Stay Home Order (N-33-20) by the State of California, effective Thursday, March 19, 2020, in cooperation with Trinity County Health Officer, Trinity County Environmental Health and Public Health are providing information to its residents and businesses on how to proceed:

Q&A's:

Essential services will remain open, such as:

- Gas stations
- Pharmacies
- Food: Grocery stores, food banks, convenience stores, take-out and delivery restaurants
- Banks
- Laundromats/laundry services
- Essential state and local government functions will also remain open, including law enforcement and offices that provide government programs and services.
- Hotels/motels/resorts for essential functions, including but not limited to: support COVID-19 response, to house local employees, shelter for at-risk populations, and any other additional needs the Trinity County Health Officer deems necessary.
- Limited travel inside and outside of the county, to essential.

What's closed?

- Dine-in restaurants

Adult Services/IHSS
Public Guardian
PO Box 1470
Weaverville, CA96093
(530) 623-1265
Fax: (530) 623-1297
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Child Welfare Services
PO Box 1470
Weaverville, CA96093
(530) 623-1314
Fax: (530) 623-1488
□

CalWORKs
Eligibility/Employment
PO Box 1470
Weaverville, CA96093
(530) 623-1265
Fax: (530) 623-1250
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Public Health
PO Box 1470
Weaverville, CA96093
(530) 623-8209 or
1-800-766-6147
Fax: (530) 623-1297
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WIC
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- Bars and nightclubs
- Entertainment venues
- Gyms and fitness studios
- Public events and gatherings
- Convention Centers
- Hair and nail salons
- Playgrounds should be avoided; spaces with high-contact surfaces (i.e.: slides, swings, monkey-bars).
- Hotels/motels/and resorts to non-essential employees, guests here for tourism or traveling purposes, and guests not part of self-isolation or quarantined individuals.

Outdoor recreation

Can I still exercise? Take my kids to the park for fresh air? Take a walk around the block? Walk my dog?

Yes. So long as you are maintaining a safe social distance of six feet from people who aren't part of your household, it is ok to go outside for exercise, a walk or fresh air. Gyms are closed.

Does this order affect hiking? State Parks?

No, you may still go outside so long as you practice social distancing of six feet. California State Parks have closed indoor facilities and campgrounds, but trails and outdoor spaces are still open. Spending time outdoors can lead to a number of overall health and wellness benefits like lessening anxiety, boosting creativity and getting your vitamin D.

It's important to remember that COVID-19 can live on surfaces for days, and that the best overall prevention is social distancing and washing hands regularly.

Additional resources:

The Executive Order can be found on <https://covid19.ca.gov/img/Executive-Order-N-33-20.pdf> and the essential services and workers are also identified on California Department of Public Health's website: <https://covid19.ca.gov/img/EssentialCriticalInfrastructureWorkers.pdf>

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