



# TRINITY COUNTY HEALTH AND HUMAN SERVICES

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## PRESS RELEASE

FOR IMMEDIATE RELEASE

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### Trinity County Health Advisory

SACRAMENTO – The California Department of Public Health (CDPH) this week warned school leaders about a new and potentially fatal drug “rainbow fentanyl,” that may interest youth. In a letter to superintendents and charter school administrators, CDPH Director and State Public Health Officer Tomás J. Aragón warned that "rainbow fentanyl" is a potentially fatal drug found in pills and powders in a variety of bright colors, shapes and sizes that could attract young people.

"Rainbow fentanyl can be found in many forms, including pills, powder, and blocks that can resemble sidewalk chalk or candy," said Dr. Aragón. "Any pill, regardless of its color, shape, or size, that does not come from a health care provider or pharmacist can contain fentanyl and can be deadly," he said.

**Anyone who encounters fentanyl in any form should not handle it and should call 911 immediately.**

Recognizing the signs of opioid overdose can save a life. Here are some things to look for:

- Small, constricted "pinpoint pupils"
- Falling asleep or losing consciousness
- Slow, weak, or no breathing
- Choking or gurgling sounds
- Limp body
- Cold and/or clammy skin
- Discolored skin (especially in lips and nails)

It may be hard to tell if a person is high or experiencing an overdose. If you aren't sure, treat it like an overdose. Here are the steps that could save a life:

1. Call 911 immediately



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2. Administer naloxone (Narcan), if available
3. Try to keep the person awake and breathing
4. Lay the person on their side to prevent choking
5. Stay with the person until emergency help arrives

For more information or to request Narcan please contact the Trinity Opioid Safety Coalition through the Trinity County Public Health Branch at (530) 623-1358.

Get more facts about Fentanyl from the CDC:

[https://www.cdc.gov/stopoverdose/fentanyl/pdf/Fentanyl\\_Fact\\_Sheet\\_508c.pdf](https://www.cdc.gov/stopoverdose/fentanyl/pdf/Fentanyl_Fact_Sheet_508c.pdf)

For information on opioid addiction and treatment: <https://www.samhsa.gov/>